

BRIDGES

WEDNESDAY, AUGUST 27, 2014

READ MY BOOK:

Flying Time examines
the victims of war
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SPACES:

Three gardens provide
pretty setting for
livable backyard **P. 8**

SHARP EATS:

How to grow your own
herb gardens and why
you should **P. 24**

A STARPHOENIX COMMUNITY NEWSPAPER



CHASING PASSION

TORNADO HUNTER GREG JOHNSON
IS MAKING A CAREER OUT OF
PHOTOGRAPHING SEVERE WEATHER
P. 12

FREE

READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

BY SUZANNE NORTH

Flying Time examines the victims of war

Some people have a strong attachment to the place of their childhood and I think I must be one of them. Although I have lived in Saskatoon for many years, I was born and raised in Calgary. That city the Sun, hills and the nearby Rocky Mountains seem to have left an indelible impression on me.

My husband claims I imagined an Calgary and the foothills like baby ducks on to their mother and perhaps he's right. It could well be that is why I have set all my books there.

My latest novel, *Flying Time*, tells the story of a naive, working-class 18 year old woman who goes to work for an elderly, very wealthy, Japanese businessman in 1940. A friend

ships away to the Pacific between Ray and Mr. Miyashita in the shelter of their down-to-earth Calgary office but as their friend goes, Canada's relations with Japan deteriorate and war looms.

In November of 1941, Mr. Miyashita sends Ray to his representative to recover Japanese family artifacts being held for him in Hong Kong. It is a journey that changes her life.

A dream-like flight on the legendary Pan American flying boat takes



Suzanne North

her across the Pacific, while, at the same time the Japanese navy is launching its position for the attack on Pearl Harbor and the simultaneous invasion of Southeast Asia.

What begins as a dream voyage for Ray soon turns into a nightmare as Japanese bombs fall on Hong Kong and she is lucky to escape the damaged city.

Shortly after she arrives back in Calgary, the Canadian government orders all persons of Japanese descent to be interned as special

amps, and their homes and businesses confiscated. This order includes the elderly and now invalid Mr. Miyashita who, along with his wife, travel to a camp in the interior of British Columbia.

Flying Time gives us a chance to examine my birthplace through the lens of history. I wanted to show how the huge events of war happening thousands of miles away could have profound effects on the lives of those in a small, semi-rural mid-prairie city in Canada. No bombs fall on Calgary but lives there were shattered.

Flying Time is available at McNally Robinson in Saskatoon, Chapters/Indigo and Amazon, and through www.beyondthegloss.com



Illustration by Suzanne North

Community Farmers Market of Saskatoon



London Drugs on 8th Street
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Peavey Mart on 51st Street
Thursdays

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SHARP EATS PG. 24



WE ARE A MILE SOUTHERN LANE: A chef grows a herb garden on the restaurant's roof. BRIDES PHOTO BY RICHARD MARSH

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GROUNDOCHANGER: Bryan Schlosser makes a living creating outdoor wedding spaces. BRIDES PHOTO BY BRYAN SCHLOSSER

BRIDES COVER PHOTO BY BRYAN SCHLOSSER

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ON THE SCENE

ROCK 102 FM SHOW & SHINE WEEKEND

Everything from rock to rock concerts was on offer during a weekend designed by Rock 102 FM for car and classic rock lovers alike.

The highlight for many is the annual Show & Shine Sunday. While the weather was less than accommodating, thousands still hit the streets of downtown Sedona on Aug. 24 to check out over 900 classic cars, trucks and motorcycles that were shined up and on display.

1. Trent Gales hides inside his dad's 1989 Chevrolet Titan to get out of the sun and out a hawthorn.

2. Shawn and Nethen Yu.

3. Leslie Rivera and Jesus Marinot.

4. Ethan and Jonah Lemire.

5. Chris and Erin Tkachuk.

6. Han Wu, Channa Yane and Paul Kinsler.

7. Austin Knutson (left) with the Pleasant family of Dylan Carter and dad John.

BRIDGES PHOTOS BY GORD WALDNER



ON THE SCENE

1. Sales and Marketing Grids from Alberta 2.

3. Nicole Wickenheiser, Anna S., Ericka Baranek, Shelly Hwang, Coppiressi and Sarah Yung worked the Hub City-Dollard Food stand and tried to stay warm (photograph by Michael Dalmat).

4. Michael Dalmat, Steven Cooper and Tanna Voldung.

4. Matt Gierach with Dexter and Gerret Blackwell with Dak.



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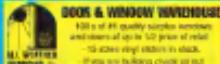
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GARDENING

GARDENING ADVICE

Prevention and solutions for early blight in tomatoes

By Erl Svendsen

To me, the taste of summer is fresh tomatoes in a salad, sandwich or soup. I will eat them while straight from the garden.

Tomatoes are relatively easy to grow. However, there are a few that loom along the way that can cause problems in early blight.

A couple of weeks ago, I overheard one of my community garden activist hoses complaining to a friend that she had noticed it in her tomatoes. I was in a hurry harvesting some chard for supper so I didn't have time to stop to listen. The disease was all I heard about. The disease caused by Alternaria solani, a common tomato and potato blight disease. Yield is lower due to reduced plant vigor caused by the frost and occasional ally by infected fruit.

This disease can be present at all stages of plant growth from seedling to harvest. Leaf lesions are the most common symptom, but the fungus may also cause damping off, collar rot, stem cankers and fruit rot.

Circular or angular lesions with dark concentric circles initially form on the lower, older leaves. (Note: bacterial leaf spot produces angular leaf lesions, but without the concentric circles.)

The lesions may grow in size, turn entirely black and join together. Infected leaves eventually turn yellow, wither, die and fall off; those infected. The disease progresses upward to younger growth. High humidity and moderate temperatures (16-30°C) promote fungal development.

As one might expect from the name, early blight shows up early in the season (July).

The disease can overwinter as spores on infected plant debris from previous years or be present on the seed to start with. Spores can be transported over long distances by wind and spread by insects, other animals (including us) and equipment.

The best strategy to combat early



The tell-tale signs of early blight are dark lesions like these on tomato plant leaves. PHOTO COURTESY TONY JACKIE MARTINEZ

Blight prevention

- Start with fresh, clean seed. If collecting your own seed from open-pollinated cultivars like heirlooms, make sure the fruit is disease-free.
- Grow early blight resistant cultivars (check: Legend, Mongolian, Old Heirloom Tomato).
- Remove all plant debris at the end of the season.
- Rototill to promote spore break-

Downy mildew management

- Rotate crops to break the disease cycle; no potato or tomatoes for three years in the same area.
- Give plants lots of room to promote good air circulation and lower humidity.
- Stake plants to raise the leaves and fruit off the ground.
- Water early in the day to allow water to leaves to evaporate or set

dry yet use trickle irrigation, like a soaker hose.

- Maintain maximum plant vigor with good nutrition, adequate/frequent water and weed control.
- Minimize plant damage and spread of spores by controlling insects.
- Do not walk in a wet garden.
- Use organic compost, grass clippings, newspaper, etc. or plastic

mulches to prevent soil splash. Mulches have the additional benefit of cool air around the plants and prevent long wind growth.

Once you have an infection, control is trickier. Removing infected leaves can slow down the disease progression. Make sure to wash your hands after touching infected leaves to prevent spreading the disease further.

GARDENING



Keep your tomatoes healthy this summer with columnist Ed Swiderski's tips.
PHOTO COURTESY WILDE/REBELLO

According to Health Canada, there are a few early blight control products available to home gardeners. Copper-based fungicides (containing maneb) (benomyl) and copper (oxychloride) control both blights and fungal diseases such as blights (e.g., Wilson Gardens' Becker's Jacobs and Fungicide King PTV Potato & Vegetable Dust for Figs and Raspberries).

Copper spray products (e.g., King Eco Way PTV Potato, Tomato and Vegetable Fungicide Spray, Bioinsecticidal culture — available as BioBeeze Copper Spray (Note: BioBeeze contains an *in*secticide control certified by the Oregon State Plant Review Board) — can be used to prevent

early blight and other fungal disease establishment and/or spread.

Always follow label instructions for application and personal protection. This applies to fungicide controls as well!

Have a gardening question? Contact Gardner Lane: 306-961-0110 or gardenerlane@shaw.ca

This column is provided courtesy of The Starbuck's Perennial Society (home addresses and co., Acaricidae) (yukon-rr.ca). Direct mail or telephone hours are extended for upcoming horticultural events (Labour & Learn at the Foresty Fair, garden fairs).

Authentic Amish Cooking



COURTESY IMAGE OF AUTHENTIC CUISINE

Baked Salmon Loaf

1 lb Salmon
1/2 Lemon juice
1/2 Skin Melt
1 T. Parsley, optional

3 slices of bread, torn
2 slice Onion, chopped fine
3 T. Melted Butter

Place fish and season with either ingredients and spoon into loaf pan. Top with 1/2 C. Thousand Island or fresh tomato. Bake at 375° for 30-40 minutes.



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SPACES

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SASKATCHEWAN'S BEST SPACES

Produce prosters in varied veggie garden

By Ashley Martin

WHO? Laura Petroski

WHAT/WHERE? The yard and garden of her River Heights-area home in Regina.

WHEN? This is Petroski's third summer in her home. When she moved in, she had a dream for the space, even though at the time it was just an empty yard full of flowers and weeds. Her previous home in Cathedral had a small, back yard which meant she could only grow shade plants — ferns, hostas, impatiens. She wanted to do more than that.

"I always wanted to have a garden and I got the space," she said.

WHY? "I guess gardening is in my blood. I've always wanted to but never had the chance, so now I have," said Petroski.

She has a passion for healthy food and healthy living, so she has enjoyed being able to grow her own produce, even though it's been a learning process.

HOW? Petroski has three varieties of gardens: a traditional in-ground lot, raised beds and tower gardens.

The latter she calls "gardening for dummies." Tower gardens require little maintenance — there's no need for weeding. They don't even need to be watered every day.

"They grow really fast because the roots don't have to go looking for food, the food is just supplied, just dripped over the roots," said Petroski.

The heavier produce (zucchini) is at the base of the tower, followed by peppers, Swiss chard, lettuces, and kale at the top.

The beauty of tower gardens is they can grow indoors or outdoors. Petroski keeps hers in her basement where it serves as a "grow-on" for lettuce and Swiss chard and kale and greens."

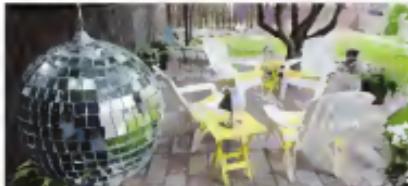
The downside of tower gardens is they don't support certain root vegetables. So often raised beds Petroski is growing squash and cucumbers. In the ground she's got beets, potatoes and lots of other stuff.

Surrounding the plot are a bunch of rocks, which place them on a grade to prevent grass from creeping into the dirt.

Petroski loves rocks and collects them from her travels (like many of her stones came from a stopover via a neighbour who knew of her collection).



SPACES



"He gathered them all the way from the Mexican Rockies up to the Northwest Territories and they all have numbers on them," said Petrucci, the geologist who assisted me about 10 years ago.

"He had them all documented," she added. The numbers pertain to the year they were found and the co-ordinates of their origins.

Elsewhere in the yard, flowers provide splashes of colour. Disco balls hang from the trees.

"The sun hangs them and it's kind of nice," said Petrucci. "Maybe the birds like it."

An old red-tailored sieve serves as a planter pedestal.

There are three sitting areas — one around a fire pit, which is documented to make as little noise as possible, another atop a planter bust of several blocks that a

neighbour was discarding.

Petrucci tries to reuse and recycle whatever can be.

Even a work in progress. Her plan for next year include fixing the walkway, building a shed and a pencil and building a greenhouse to cover the tower gardens so they can be outdoors much through November.

Though gardening is time-consuming, she doesn't mind it at all.

"Everybody has their own hobbies, this is one of mine," said Petrucci. "It's what I like to do."

A lot of it hinges on health. I think that growing your own food is a bit what you can do for yourself health-wise," said Petrucci. "It's just a feeling of accomplishment and you're sort of one with nature."

—SARAH BROWN/REGINA STAR
Twitter: @SarahBrown_Regina

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3D Design I	Sept 17-Dec 10
Approaches to Expression: Graffiti I	Sept 15-Dec 16

Drawing

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Drawing I (intermediate)	Sept 17-Dec 15
3D Drawing I	Sept 17-Dec 15
3D Drawing II	Sept 17-Dec 15
Drawing for Illustration II	Sept 17-Dec 15

Painting

Painting I (beginning)	Sept 14-Dec 16
Painting I (intermediate)	Sept 14-Dec 16
Painting: Mixed Media I	Sept 14-Dec 16
Advanced Techniques: Abstract I	Sept 14-Dec 11
Painting: Abstract Abstraction II	Oct 17-Jan 24-26
Painting: Abstract Abstraction III	Oct 17-Jan 24-30
Open Project: Refining Pencil/Collage and Artistic Skill (intermediate)	Sept 15-Dec 13
Open Project: Refining Pencil/Collage and Artistic Skill (intermediate)	Sept 15-Dec 11
Watercolours I (beginning)	Sept 17-Dec 10

Sculpture

3D Design I (beginning)	Sept 17-Dec 16
3D Design I (intermediate)	Sept 19-Dec 11
Sculpture I (beginning)	Sept 17-Dec 19
Sculpture II	Sept 17-Dec 19
Woodshop, Metal-Making & Casting I	Sept 18-Dec 11

Photography/Digital Imagery

Photography I	Sept 17-Dec 10
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Photography I	Sept 19-Dec 11
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IN THE CITY

AUGUST 24, 2014 — 3:16 P.M.

Clara remembered



Armenta's family and friends gathered at the intersection of 19th and University to release balloons in memory of his daughter. (Photo by Michael S. Lewis/for The Phoenix)

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ON THE COVER

Our goal is always to capture the world's most extreme imagery. — Greg Johnson

'TORNADO HUNTER' GREG JOHNSON

Thrill of the job hinges on photography

By Ashley Martin

It sounds like something out of a movie.

Last May, Greg Johnson was in El Reno, Okla., and found himself inside a 4-kilometer-wide tornado.

A truck flew by. A barn exploded. Three people he knew were killed in the storm.

"The fact that we survived, yeah it's exhilarating, but at the moment it was absolutely terrifying," said Johnson.

But it sure beats wedding photo duty.

"Horrible," is how Johnson describes his introduction to prolife storm picture-taking. "Looking back, 'hikes, weddings, problems, french fries.'

He was a hobby shooter for years, working on the yearbook during high school as Ottawa, and for the school newspaper while attending Acadia University in Nova Scotia. But Johnson went pro in 2008 when digital technology made his craft much more accessible.

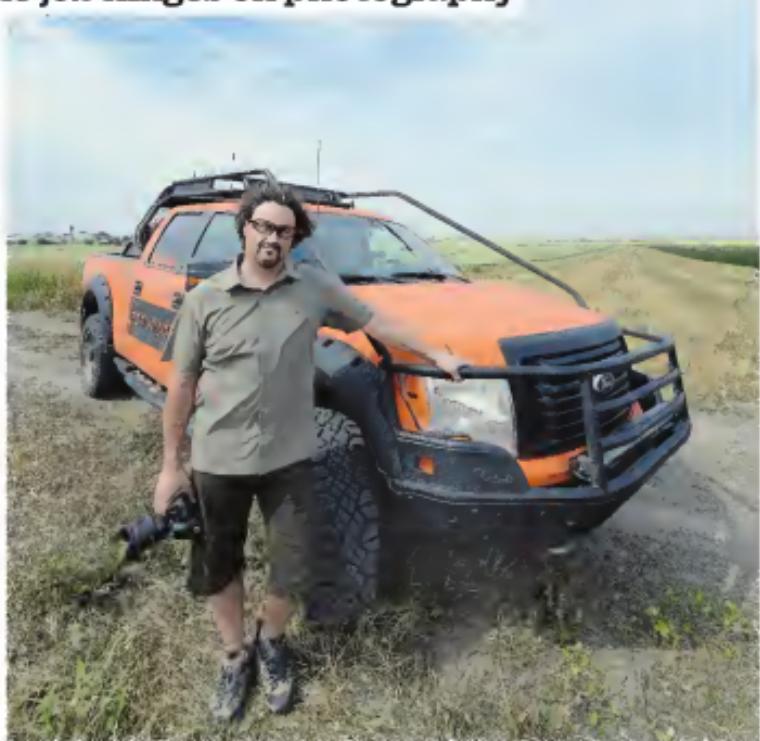
He learned Greg Johnson Photography, which in 2009 morphed into Greg's agency Look Mattress. But after shooting some 200 wild storms, among other things, he opted for more exciting subject matter.

He'd been fascinated by extreme weather ever since lightning-heavy storms between Regis and Castle Rock had left him in a ditch. He learned later that a tornado had passed through.

That's when he became interested in shooting storms.

"It has to do with the energy and the thrill of getting that picture that never gets out. We've got some shots, frankly, that I would put up with the best weather shots in the world. To capture that... there's nothing like it."

Johnson took his first "storms chase vacation" in 2009. In 2010, he sold his stake in Look Mattress to try to finance a full-time storms chase.



Greg Johnson works on his first "storms chase vacation" in 2009. In 2010, he sold his stake in Look Mattress to try to finance a full-time storms chase.

There's only a few (people) that are willing to put it all on the line and keep going, keep going, until they get that moment, and it's definitely part of his character. — **Ricky Forbes**

Now known as the "Tornado Hunter," Johnson makes his living chasing tornadoes. The buzz surrounding his new book has resulted in an international book tour (the *Blow Away* published in 2010), a reality TV show (*Tornado Hunter*, airing that fall on CMT) and his greatest achievement: getting his name on the National Speakers Bureau's latest touring people like Romeo Biliaire, Marc Gareau, Chris Hadfield and Rick Mercer.

"All those incredible, iconic Canadian people, and there's my name in the mix with them" *Asad Johnson* "That's a pretty cool feeling to know that you're in that sort of elite company."

In spite of his current lot, Julianus did not grow up as a neither-nor type, or even as a shelterer.

“I grew up in a hockey town,” he says. “I was terrible at hockey but loved the game. He spent his free time referencing through high school and university where he studied political science. His career plan was to go into politics. It was a hoot of a plan.”

A stint as a political staffer on Parliament Hill showed him "it wasn't what I had imagined it to be and frankly didn't last very long, and I've never looked back."

CONTENTS OF PAPER 3



Active sites over Ontario, SASK, and B.C. in 2011. Heats of reaction with oxygen

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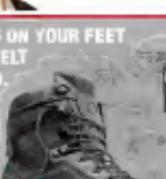
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We're driving a bulletproof fortified truck with rollover protection and all the safety gear imaginable. We have to trust the ability of that truck to keep us safe, and it did. — Johnson



A rare twin wedge tornado in Pilger, Nebraska, on June 16, 2014. Johnson's team was up to 10 miles and forecasting severe in their truck during storm chasing. Photo courtesy Greg Johnson

Johnson returned to retelling, which eventually led to a job in the Western Hockey League. That's how he made his way to Saskatoon, moving first to Saskatoon in 1985, then Regina in 1989.

He worked a variety of other jobs to supplement his income before taking the plunge into photojournalism.

Seeking adventure through tornado hunting may have been his military.

Johnson's parents, Doug and Pat, are adventurehounds too. Their last car trip was to Ireland. They've explored volcanoes. They recently spent six weeks in China.

But while Johnson's job means taking risks, he is not naive. He quotes his hero, Ruth Hansen

"There is a difference between taking risks and being reckless."

"We always have an escape route, our navigation's important, safety's important, but that's all we can take those risks that are going to allow us to get the best images we can possibly get," said Johnson.

"We" is his tornado-hunting team of Rocky Barnes and Chris Clark.

"We can go up to 30 different roads and forecasting devices in our truck while we're chasing and all these are good within a few square kilometers," said Barnes, who grew up in Saskatoon and now lives in Coon Rapids.

"We can tell where the circulation is, where the rotation is, where

we would expect to see the storm and then, we get up there and also judge with our eyes and where we are. It. So we negate the risk that way."

These American storm chasers, friends of Johnson's, were killed last May 31 in El Reno, Okla. The wild new tornado ever recorded.

While it gave him pause, he uses their situation as motivation to his own.

"They made some tragic mistakes. They can sort of measure in they were chasing in a car instead of their chase truck," said Johnson. "We're driving a bulletproof fortified truck with rollover protection and all the safety gear imaginable. We have to trust the ability of that truck to keep us safe, and



Greg Johnson takes a look out the window during a chase. Photo: SEAN RICHARDSON

All these incredible, iconic Canadian people, and there's my name in the mix with them. That's a pretty cool feeling... — Johnson



Chris Chibick (left) and Ricky Fardon (right) crack up Greg Johnson's camera/toronto comment. SUPPLIED PHOTO

When they come across massive storms like that, "it definitely does make you question the risks, but at the same time we're out there reporting on those," said Fardon. "We always call in the stories as we see them, and we like to think that we help mitigate the risk for others, because they'll sound their tornado sirens in their communities."

A few (people) that are willing to put it all on the line and keep going, keep going until they get that moment, and it's definitely part of his character."

Through pursuing a passion as a career, Johnson wanted to share his children — or even (13), Cooper (11) and Gabbie (7) — that they should chase their dreams.

"I hate that follow your dreams" line, but I definitely want them to understand that I do what I do because I love it and I am passionate about it."

He wants to show them they don't have to continue to travel.

"That whole idea of being just like every body else is never ever the ticket to success," said Johnson. "Only unreasonable people chase their dreams."

It may be a small change, but he points to the Rosecrand Ladies, a band that gained mainstream success in spite of people predicting its commercial demise.

"I'm sure when they put their name long the Rosecrand Ladies, there's a lot of people (who) said, 'Oh, you isn't that, you're going to get runned people are going to hate you,'" said Johnson, who says he had a similar experience making his career shift.

continued on A28

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Life-Large Suites for 50-Plus Adults
306-612-3338

Hyde Park View is transforming the concept of adult housing in Saskatoon. Combining current senior style, independent residences and Age-in-Place Design, the 50-plus housing development is ideally suited for seniors and pre-retirees. The 4.5-storey modern residence by the Elms Lodge Housing Group offers 138 suites, including 140 life lease units, 13 affordable rental apartments and 25 personal care suites.

Life lease units are pre-selling with 57 suites still available, including numerous corner facing units with a view of Hyde Park Lake. Each suite ranges from 525 to 825 sq. ft. (579 sq. ft. including a 10 sq. ft. balcony) and includes two bedrooms, two bathrooms and two bedrooms plus den units. Every two-bedroom suite has two bathrooms.

Construction will commence this summer with occupancy beginning in 2016. With a life lease you own the least nor the property but you purchase the right to occupy the unit for as long as you function independently. Hyde Park View is a place where you can live independently, yet have access to the same level of support you never knew or may never suspect at your residence. Under certain conditions, dues will never be a caprice again as to fix the fees you previously receive from money when you consider your fees. A life lease is forever.

The innovative residence was designed by architect Jennifer Clarke Officer of M3 Architecture. The building is a mix of enclosed glass plus the building's exterior design depicts stained floor or ceiling mosaics which capture images of a splashing Hyde Park, with its 237 acres of lakes, ponds, streams and waterfalls, and its 500+ fountains and fountains. Fresh-air windows feature like an indoor balcony. Many suites have balconies with glass panel railings.

All of the "green" horns" of modern condominiums are included, including a concept floor plan, solar-cell ceilings and modern laundry units large enough to house a washer and a full-size stainless steel dishwasher package. Two-bedroom suites have

multiple choices, including a condominium, corner, one-bedroom and all-inclusive bedrooms. All units feature floor-to-ceiling 9'6" and wide in-rooms and even there has a private deck. Suites are available in a variety of sizes and configurations. There are no steps to negotiate. Mechanical systems are at a higher standard than many similar well-located units in West Coast and central area units with an attached parking for each suite.

Residents will enjoy the use of an atrium amenity space, including the board-style lobby, atrium during hours (with Red Seal Chef), two guest suites, meeting rooms, a large lounge, private party room, private balcony, one theatre, four robes, and a large shared patio with BBQ space and hot tub. Every life lease unit includes one parking stall in the ground level located garage, along with individual drywalled storage units. Getting in early will allow you to choose a parking space right next to one of these choices.

Hyde Park View also offers 25 personal care suites. An independent care, they will be offered in a specially designed area in the same building that will provide the 24-hour personal care they need. That residence will be situated in the same building, with more features surrounding the personal care suites. The personal care suites at this same level, will be located by the provincial government, the personal care area will provide an intermediate level of care staffed by qualified, trained personnel. The round trip distance to the care will begin spring 2015 at May 2015.

Hyde Park View offers some of the most spacious suites in the city, especially when you consider the size and the high level of service provided to residents. The large windows of the light-filled The Elms Lodge Housing Group has been providing quality housing in Saskatoon for more than 30 years.

For more information, contact sales representative Shelley Davis at 306-612-3338 and visit the website at www.hydeparkview.org or drop by Elms Lodge (1125 Main Avenue) to pick up a sales package.

www.hydeparkview.org

The fact that we survived, yeah it's exhilarating, but at the moment it was absolutely terrifying.

—Johnson



A tornado in Illinois touches down April 26, 2012. The storm chaser Doug Johnson said he didn't know what to do until he saw lightning striking the ground. (Courtesy Doug Johnson)

"When I told people I was going to be a storm chaser, people laughed. I mean literally laughed," said Johnson. "But now, people have a much higher awareness about severe weather... and I'd like to think that in some small way that I contributed to that and that's a little difference. And that's the message for my kids. And my share reflects that, sort of."

Tornado chasers, which premiered on TV on Oct. 8 (with Johnson currently running) was a product of being a little out there, says Johnson.

"None of that would have happened if it'd sort of played it safe and done what every other severe weather expert online had been doing," he said. "In fact in many cases,

the severe weather around, whether they're meteorologists or other storm chasers around North America, they kind of isolate us. We're just geeks, you know? Nobody says that to us, of course."

"But at the end of the day it's driven some wild success and I'm super proud of it. So they can laugh all they want. They're working at it and it's a great job and I think probably wishing they were us."

• • •

Johnson started storm-chasing in Northern Illinois by himself. As the demands of his job grew, so did his team.

"It's hard to take pictures, navigate, drive, Twitter and Facebook, and communicate with Extreme and Co., and do radio interviews and all these things at the same time," said Johnson. "So more

workplace was needed."

Perkins has worked with Johnson for the past three seasons. "I was only going to come out a few times. But then I saw my first tornado and I was, like, addicted," said Perkins. "I want to make that work."

Chittick came on in spring 2013 having previously met Johnson while storm chasing as part of his company's Storm Chasers.

When I told people I was going to be a storm chaser, people laughed, I mean literally laughed.
—Johnson



A tornado in Elmer, Nebraska on June 16, 2014. (Photo courtesy of Greg Johnson)

He's like the Bill Paxton character in *Twister*, with flying tears.

Speaking of the 1996 Hollywood blockbuster, real-life storm chasing is "exactly like *Twister*," said Forbes.

"You've got three or four other teams that we compete with and... you're all kind of friends, because you're the only ones out there bottling that, but at the same time you're all trying to fight for that shot and fight for that paparazzo so it gets pretty interesting," he added. "There'll be heated arguments on the side of the highway in the middle of nowhere. There's definitely a sense of competition, especially over social media and stuff, because that's where everybody does their own marketing... so lines will be crossed and words will be exchanged. It's really funny, actually."

Johnson's team logs 100,000 kilometers in a series of audits. During more than 1,000 hours in company each season, Johnson says it's nearly a matter of getting as much other's news.

"Overall, we actually enjoy being on the road."

"We're spending that much time together you really get to know a person," added Forbes. "It's like a best friend, it's almost like a working relationship when you're around somebody that much. It has its ups and downs but it's a lot of fun."

From left: April to the end of July, Johnson

estimates they spend 60 days chasing. It's not always a comfortable lifestyle.

"Some nights we end up sleeping on the truck," said Johnson. "Sometimes we need to grab 2,000 km in 24 hours and so sleep is at a premium, and lots of times you're sleeping in the back seat while somebody's driving up front."

It's not always the healthiest either.

Johnson admits he put on 10 pounds this year, one Mexican Diet is his vice, he says, because you can't get it in Regina.

Four months on the road does not equate to eight months of vacation.

"Chasing is seasonal because of the weather but the business of running tournament racing is full year round. I make all of my money off of that from September to March," said Johnson.

He does speaking gigs and summer work stops. And now he's in a TV show.

Toronto Raptors resulted in Toronto-based Salmon Media, wanted to produce a weather show.

Bronze/golden Paul Kilkenny and his partner神秘ed upon Johnson's website, where the team had posted photos video of themselves in addition to share chase footage.



Who we are & What we do:

The Saskatoon Sports Council is a local volunteer directed non-profit organization that represents and serves the local Saskatoon Sporting Community. Our mandate is to be a leader in facilitating Community Development through sport for and with communities in Saskatoon. Utilizing a community development approach we work with communities and local sport groups in an effort to provide leadership for sport in Saskatoon through advocacy, partnerships, funding support, and program planning.

2014—2015 Coaching & Volunteer Clinics:



McGill
National
Certification
Program



Introduction to Competition Part A & B Coaching Clinics

Part A—Sept. 19 & 20, 2014; Jun. 23 & 24, 2015; May 22 & 23, 2015

Part B—Nov. 22 & 23, 2014; Mar. 21 & 22, 2015; Jun. 20 & 21, 2015

NCCP Fundamental Movement Skills & Growing Young Movers Workshop

Designed for coaches or community leaders working with children and youth in the Community and/or Introductory Competitive Setting. This 5-6 hour workshop integrates classroom learning with interactive hands on learning in a gym setting.

Plot Workshop—Saturday October 18th, 2014 (tentative)

Making Ethical Decisions Standalone Module

September 10th, 2014—6:00pm—10:00pm

June 4th, 2015—6:30pm—10:00pm

Sport Medicine & Science Council—Sport Taping Clinic

February 21st, 2015

For more information or to register for one of our upcoming clinics please contact our office at 306-975-0390 or for more information visit our website at www.saskatoonsportscouncil.ca

KidSport Deadlines 2014-2015

September 15th, 2014; January 15th, 2015; March 15th, 2015; & June 15th, 2015

For more information on the KidSport Program or to obtain an application form please contact our office at 306-975-0390 or visit our website at www.saskatoonsportscouncil.ca

Annual Used Equipment Give Away Day

Check out our Annual Used Equipment Give Away Day and get set up with some quality used sporting equipment. We have equipment for a variety of sports including hockey, soccer, baseball, football, etc... The 2014 Give Away Day has been scheduled for Friday September 12th 2pm—7pm & Saturday September 13th 9am-1pm Location YTHD, Call our office at 975-0800 for info.



When you see what they're doing, it's not contrived, it's not put on, it's not scripted. It's not a reality producer setting up scenarios. They're instantly likable. — Paul Kilback



The aftermath of a J/3 tornado in Moore, Okla., on May 22, 2013. Greg Johnson's new reality show, 'Tornado Hunters,' will air this fall on CMT. PHOTO COURTESY GREG JOHNSON

"Obviously they chase tornadoes, and we thought 'well that can't be bad TV,'" said Kilback.

Last August, the crew came to Regis to meet the local storm chasers. By the time he left, there was a TV deal.

The authenticity is at the heart of the characters, says Kilback.

"We know what they're doing, it's not scripted. It's not put on, it's not scripted. It's not a reality producer or acting up scenarios. They're instantly likable. The first thing you ask is, 'Want to hang out with these guys,'" said Kilback, who confirmed that, after many road trips making the show, his attitude was right.

"We had all sorts of names in your face, just like you'd expect from any really TV show," said Johnson. At

best it was a little odd, but by the end of it we were as used to it that we were almost helping the producer out."

"It's so awesome getting to tell other people the story of what we're doing. It's been really cool," said Purdy.

Kilback says more people will join the show, for a few reasons:

"At the end of the day, you get a very tight-knit kind of family. You're chasing storms, you're seeing things that people don't get to see. You're seeing that danger and adventure that goes with it, that's how you get to see these guys who are incredibly genuine in their relationship and how that works. They're hilarious, they're funny, and I think people will identify with that," he said. "I think that by the end of it, you watch the show and you love those guys."

Johnson hopes the show will open doors for him. "I think lots of tornado hunters run over several seasons in his dreams, he's one day had a truly Planet-type show."

"Obviously, there's something to be said for book and being on the right place at the right time, and she did a great job, but that's a perfect opportunity," Kilback said. "She probably takes thousands and thousands and thousands of wedding photos that frankly on one's ever going to see. But she gets that one photo, or one series of photos, that everybody in the world wants to see, because of a pretty cloud in the background."

"Even new directors at TV stations will tell you that, when they broadcast interesting weather stories, ratings go up," he said.

That's exactly why a photo by Sesko

local photographer Colleen Nolka went viral last month, as a tornado plowed through the newlywed couple and she was shooting near Deividson.

"Obviously, there's something to be said for book and being on the right place at the right time, and she did a great job, but that's a perfect opportunity," Kilback said. "She probably takes thousands and thousands and thousands of wedding photos that frankly on one's ever going to see. But she gets that one photo, or one series of photos, that everybody in the world wants to see, because of a pretty cloud in the background."

While Nolka's a photo, which may shared 30,000 times through Facebook, purposed her lots of new fans, it's likely Johnson's star will continue to rise with his new TV show.

He's already got more than 10,000 likes on Facebook.

"I'd be lying if I said that it's not really cool to have people that are already fans," he said. Johnson was recently recognized while out for dinner with friends and he's been approached at Coots by people who want to talk tornadoes. But as far as fans go, he says he's in a good position.

"I'm not Matt Damon walking down the street, or Ryan Reynolds. There's certain people that have more recognizable names and I'm fortunate that I'm kind of about as in a sweet spot where it's enough to be interesting and fun but it's not enough that I can't go to the grocery store."

greg@tornadohunters.com
tornadohunters.com

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EVENTS

MUSIC

Wednesday, Aug. 27

The Walk-Hill Band
Beds on Broadway;
817 Broadway Ave.

Author w/ slender Lorla,
Bookline and Canteen
Bookstore, Film & Records;
190-320 Third Ave. S

Thursday, Aug. 28

Katy Perry: Prismatic World
Tour w/ Kacey Musgraves
Credit Union Centre,
3510 Thatcherville Ave.

Whiskey on a Sunday
Cracker Restaurant &
Lounges;
1-327 Pritchard Dr.

Soil Picnic
Beds on Broadway;
817 Broadway Ave.

The Mewgills
Lilith Pubs,
530 Carries Dr.

Halfborn Deathtrillings w/
Bingers w/ notWethad
Capital Music Club,
244 First Ave. N

Fri., Aug. 29

High/noon
Beds on Broadway;
817 Broadway Ave.

Billy Bob's
Army & Navy Club,
339 First Ave. N

Karen Bennett w/ Dene Young;
McNally Robinson,
3330 Eighth St. S

Hannover Heat
Fairfield Senior Citizens'
Centre
193 Fairmount St.

The Ramenmen w/ Guy and
the Pumas
Amigos Centre,
1905 Spadina Cres. W



Katy Perry will perform Thursday at Credit Union Centre on her Prismatic World Tour with Kacey Musgraves. AP photo

632 10th St. E

Slow Down Malaises w/ No-
Aids and Cheap Luxuries
Wantless Tavern,
817 Broadway Ave.

Ring at the Sky w/ Na Na the

Drugs
Rock Bottoms;
834B Broadway Ave.

641 1/2 Aug. 30

Siouxsie
Beds on Broadway;
817 Broadway Ave.

Billy Bob's
Army & Navy Club,
339 First Ave. N

Harvest Dance: Sankofa
Rhythms
Convention Legion,
6516 Spadina Cres. W

Williams and the Shadows
Postmen Legion,
3031 Louisa St. S.

Angela Inglis
McNally Robinson,
3330 Eighth St. S.

Reverend w/ Mack Mills
Avant Garde,
633 10th St. E

Barrett Big
Stamps Place,
106-110 Ruth St. E

Siouxsie
Beds on Broadway;
817 Broadway Ave.

Kelly Gould
Beds on Broadway;
817 Broadway Ave.

Pass the Peas: Back to School
w/ DJ Scott Turner, Sir Heywood, DJ Quattro
O'Briens Event Centre,

241 Second Ave. S

Danielle Big
Stamps Place,
106-110 Ruth St. E

The Recommended Dose
Pizz's Pub and Grill,
1403 1/2 Hyland Dr. N

Long Weekend Rebellions w/
The Gift of Anger and Lucid

Altarists
Rock Bottoms,
834B Broadway Ave.

Trish... #Shit1.2
Sioux, Aug. 30

The Morning After
Beds on Broadway;
817 Broadway Ave.

ART
Marshall Art Gallery
Until Sept. 14 at 550 Spadina

What you need to know to plan your week.
Send events to bridges@thestarphoenix.com

Or, E. Summer exhibi-
tions; Convulsive Obesity in
the Company of Emily Carr;
Symphony Magic, examin-
ing the Canadian orchestra

From the Archives: A
VIMF Silver Anniversary, A
53 by the Canadian Group of
Painters; The Artists by Artists
Memorial Program reflects
Seán Heaster's work with

the Inuit; Maria Lassnig
29, 5 p.m., at 434 20th St. W.
or www.gpavincents.ca. For

the images, call for submis-
sions. Cover of *Self-Portrait*
book sold; film or media
artists may be looking for
short video or film reels to be
screened as part of the 2014
Curtain Days festival; see
Sept. 27 at 8 p.m.

Kating Piss Art
Until Aug. 30 on the eighth

floor of the Delta Broad-
way Hotel. The mixed media
work of Aboriginal artist
Heather Shillinglaw.

**Statton Arts Centre, Ros-
lyn**
Until Aug. 30 at 101 Railway
Lane. Landscapes by McWho
Paint, Cam Forster, Greg
Hugard, Paul Trudell, Roger
Trettier, Ken Van Rees.

Paved Arts
Submission deadline is Aug.

EVENTS

Prarie Star Gallery
Until Aug. 31 at 108-E Eighth St. E. "Persistent Beauty: Views from the Edge of the Tar Sands Paintings" by Garry Barto.

Art in the Centre at Perimeter Centre
Through August at 10-Grosper Drive. Works by water-marks and friends.

Miwayin Valley Centre

Gallery 8
Through August at 825 Third Ave. S. "Take a Walk With Me, views of Saskatchewan" by Henrica L. Clark. Original artwork is inspired by walks and travels along the Miwayin Valley and beyond.

Affinity Gallery

Until Sept. 1 at 80 Broadway Ave. A Show About Nothing. Works by Kristina 2014. International participants and invited artists.

Gordon Lightfoot Gallery
Sept. 2-28 at 101-103 9th St. W. of the U of S Murray Building. A Suburban Summer by Mackenzie Drawings. Reception Sept. 11, 7-9 p.m. to 10 p.m.

Station Arts Centre, Roseville

Sept. 2-27 at 101 Broadway Ave. In-Residence: Recent works by Rosemount area artists. Includes painting, fibre art, stained glass, wood carvings, patterns, sculpture and photography.

Ukrainian Museum of Canada

Until Sept. 5 at 910 Spadina Cres. E. "Memory Strands: The Colours of His World" - memories and screening of the documentary *The Automatic Advantage*. Sept. 5, 7:30 p.m.

Dundurn Bell Gallery

Until Sept. 6 at 406-408 103 St. E. "Summer Inspiration" featuring works by Camerella Kelcey Rother, Jim Griesmer,



First Nations Portrait by Dorothy Sayegh is on display at the Ukrainian Museum of Canada.

Michael Horsfall, Trevor Macdonald, Mitchell Fenton, Lee Brady, Joe Fekete, Curtis Ibaraki, Gord Penny, Adrienne Stinson and Brian Gadsden.

Centra East Galleries

Until Sept. 14 at the Centra East Art Gallery by Showcase of Arts Winner in the Royal Gallery, a display by Museum of Antiquities in the Jules Gariépy, a display by Saskatchewan Painters Guild in the Aberdeen Gallery, an art display by Art Expressions with Michael J.

Martin in the Dennis Galleria, photographs by Imagery Photography in the Crimmins Gallery, a display by Ukrainian Day in the Park in the Leverd Gallery, and display by Saskatoon Public Schools in the Magnotta and Indigo Galleries.

The Gallery at Francis Mann
Until Sept. 16 at 311-331 61 St. E. "Roman Portraits by Arts Siberica".

Handmade House Show

new

Until Sept. 27 at 710 Broadway Ave. May Fair Fine Arts. Featuring works by ceramic artist Bonnie Gilmore.

Humboldt and District Museum and Gallery

Until Sept. 27 at 164 Main St. in Humboldt. Two Perspectives, pottery and paintings by Miri Balon and Karen Holden. "Saskatchewani - a quilt block challenge" runs until Sept. 27.

Unreal City Art Show

Until Oct. 17 at 139 Second Ave. N. New works from Jason Edwards, Joe Yoder and Luke Warner.

B FAMILY

Strolls and Strollers
Wednesday, 1 p.m. at Centra Cinema in The Centre. Choice of two movies: each week. A baby-friendly environment with lowered volume, dimmed lighting, a changing table and smaller portions at the theatres.

Cine Clubs and Play
Daily, 10 a.m. to 8 p.m. in Box 4 of 419 South Broadway St. in Weyburn. Saskatchewan's newest indoor playground. The children up to age 12. Visit cineclubs.sask.ca or the [Facebook page](https://www.facebook.com/cineclubs.sask.ca).

Fun Festive Indoor Playground

Only at 16330 Quebec Ave. A giant indoor playground for young children. Adults and children under one year are free. There is a separate fenced in area for children under two.

Children's Play Centre

Daily at Lawson Heights Mall. A fun, safe environment for preschool children to play. Please note this is an unattended play area, and adults must stay with and supervise children at all times.

Market Hall Children's Play Centre

Daily just off the food court at Market Mall. This play area is the size and height of level three. Children must wear socks in the play area.

Cafe 11111 For more information, 10 a.m. to 12:30 p.m., at 11111 103rd Street. Moms enjoy a free cup of coffee while children play in the playground.

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PILSNER OR
COORS LIGHT
ON GAME DAY!**

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EVENTS

Breastfeeding Gets

Thursdays, 10 a.m. to 11:30 a.m., at Windwinds Primary Health Centre, 3311 Falstaff Dr. A drop-in support group for breastfeeding women. Sessions will be facilitated by a lactation consultant with a brief educational presentation, and time for interaction with the other mothers.

Canadian Light Source (CLS) Public Tours

Thursdays, 10:30 a.m., at the Canadian Light Source, 441 University Ave. The synchrotron research facility is open for the public. Pre-registration is required. Call 306-937-3644, email outreach@lightsource.ca or visit lightsource.ca/education/public_tours.php.

Moore nail Body Outdoor Stroller Fitness Classes

Until Aug. 23, 10:30 a.m., along the Mewatain Trail. Meet new moms and get a whole body workout. To register and for starting locations call 306-370-2038 or email Saabkoord@rogers.com or gtwain@moore-nail.com. More information on Facebook.

Prenatal Yoga Summer Classes

Aug. 28 at 7 p.m. and Aug. 30 at 11 a.m., at Balance Within Energy and Wellness, 300 Third Ave. S. Six-week classes taught by Anna Zotti. A safe and nurturing environment for moms-to-be. Prepare for the birthing process through breath, relaxation and meditation techniques. To register email freedom@yoga-mail.com

Ring in the New

Fridays, 9:30 a.m. to 10:30 a.m., meet in front of Customer Service at The Mall at Linton Heights. Classes consist of power-walking, body-sculpting moves using exercises tubing and a stability ring, and rhymes, then



Acupuncture in the Classroom Summer Growth Program. For all ages and ages until Aug. 29. Models Nutritio in Westdale Hills.

Parenting at numero uno

parentingatnumerouno.com No classes on stat holidays.

Movies for Mommas

Thursdays, 1 p.m., at Rainbow Cinema in the Centre. An infant-friendly environment. Tables, kettle warming and stroller parking.

Ring Talk at BPL

Fridays, 10:30 a.m. at Alice Turner branch, Mondays, 10:30 a.m., at Carnegie Branch, and Tuesdays, 10:30 a.m., at City Centre branch. Half-hour sing-along and rhymes, then

reunite with other parents

Agriculture in the Classroom Summer Garden Program

Until Aug. 29. A free all-ages drop-in program. Activities and games surrounding gardening, healthy eating, sustainability, and cultural perspectives. Aug. 27 is 1 p.m. to 3 p.m., at Confederation Park Community School and St. John School; Aug. 28, 1 p.m. to 3 p.m., at Windwinds Community School and St. Anne School; and Aug. 29 10 a.m. to 1 p.m., at St. Marie Catholic Community School and 1 p.m. to 3 p.m. at

Vincent Massey Community School. Call 306-933-5520 or email katelyn@stz.ca.

Gen-Am Gymnastics Group

Until Aug. 29, at 2102 Mitchell Avenue. Various schedules for ages two to 16. Visit canarygymnastics.ca.

Can-a-Hockey Camps

Various campuses until Aug. 29. For kids ages seven to 12. Players must wear full hockey equipment. Visit canaryhockey.ca/camps.aspx. Call 306-950-3406.

Children's Acrobatics Camps

Until Aug. 29, 9 a.m. to 4 p.m.,

What you need to know to plan your week.

Send events to bridges@thestarphoenix.com

at the U of S. Sponsored by the College of Kinesiology. For ages two to 12. Various activities for full- or half-day sessions are available. Visit rec.sus.sask.ac.ca to register. Call 306-966-1001.

One Fit and Scary Time

Saturdays, 11 a.m., at Mingo Kooki, 3332 Eighth St. E. In the kids' section. Call 306-354-0307.

Something on Sundays

Sundays, 9 a.m. to 4 p.m., at the Mendo! Art Gallery, 950 Spadina Cres. E. Free family fun for ages four to 12, accompanied by an adult.

Art-making activities for all ages are provided. Aug. 31, Free Family Fun: Come-in and Create. Labour Day with Artists at Work.

Beastie Ball Yoga

Mondays, 12 p.m. to 1 p.m., at Pregnancy and Parenting Health Centre, 208 Third Ave. S. Kindness to intermediate yoga designed to help with post-partum recovery. Baby friendly class with a certified yoga teacher. Suitable for four weeks to two years postpartum. Register at mendoartgallery.com or mprescott@telus.net.

EVENTS

Prenatal Yoga
 Mondays, 6 p.m. to 7 p.m., at
 Pregnancy and Parenting Health
 Centre, 300 Third Ave. B; taught by
 a doula and certified yoga teacher.
 Informative and safe for any stage
 in pregnancy. Call 306-326-6262 or
 email tpg@tpg.ca. No
 classes on stat holidays.

Bobbi Bobbi the Playmobil
 Mondays to Fridays, 10:30 a.m. to
 4:30 p.m. and late night Thurs-
 days, at Blithfield Bobbi Box, 71-705
 Central Ave. With a toy area, kitchen
 and shopping mall, plus a stage, a
 theatre, stage and crafts. To book
 groups, or to check for availability,
 call 306-384-4759 or email bbplaymobil@akadai.net.

Playgroup
 Tuesdays, 9:30 a.m. to 10:30 a.m., at
 Grace Reconciler United Church.
 Hosted by Prairie Hearts Learning
 Community, a group of families
 inspired by Waldorf philosophies.
 Programming is aimed at children
 ages two to five, but all ages are
 welcome.

Preschool Story Time
 Tuesdays, 10:30 a.m. to 11 a.m., at
 McMillen Resources, 3030 Eighth St. E.
 For children ages three to five in the
 circle of time. Call 306-455-1477.

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bricks4kids.ca or email bricks4kids@sasktel.net

**Saskatoon Public Library Pro-
 grams**
 Ongoing daily programs for children
 and families that the calendar at
sasktellibrary.ca/node/1016

SPECIAL EVENTS

Walls on Woodridge
 Aug. 27, 10:30 a.m., starting at the
 McWethy Building. History information
 walls with a Mosaic in progress.
 Staff member for information call
 306-665-5888.

AGM Birthday Extravaganza
 Aug. 27, 1:30 p.m. to 10 p.m., at
 the Sheraton Cavalier, 612 Spadina
 Ave. II. Hosted by Idaaschewan
 Professional Marketing Association.
 Thriving in the Expressions Economy
 with Ron Rita. A presentation helping
 entrepreneurs and the individuals
 within them to attract consumers.
 Tickets at saskmarketing.com.

Community Campus Tours
 Aug. 27, 3:30 p.m. to 10:30 p.m.,
 starting at the Distributaire Canada
 Centre. Although walking tour of the
 tour of the area, including history,
 achievements, and architecture.
 For information or to reserve a spot
 call 306-966-4754, or email events@sask.ca.

Kick Off our Intra's BBQ
 Aug. 27, 5 p.m. to 8 p.m., at the sea-
 sonal forestry farm & zoo.
 An event for female entrepreneurs
 to meet and network with others, &
 barbecue, feminine carnival games
 and slushy drinks. Thinkers & dreamers
 event. Proceeds support Saskatoon
 inner city schools in need of supplies.

Connelly with Sterling Smith
 Aug. 27, 7:30 p.m., at Capitol Music
 Club, 264 First Ave. N. Scott's mater-
 ial stems from his experiences
 with relationships, family, current
 events, his outlook on life and the
 world, and those awkward moments
 that people in all walks of life can
 relate to.

SING Dances
 Aug. 27, 7 p.m., by the Jesus Canada
 dances movement in Kinsmen Park.
 Saskatoon International Folkdance
 Club (SIFC) dances Latin dances
 from many countries around the
 world. No admission. Visit sifc.ca

PotashCorp Fireworks Festival
 Aug. 29-30 at River Landing. Live
 shows at the PotashCorp of the River
 Landing and in Rotary Park, food,
 decorations and games. Each
 evening is topped off with fireworks
 displays set to music.

Live Through a Reading
 Aug. 29-30, 7 p.m., at Mervin's
 Diner. Live horse racing in true



© 2014 PotashCorp Fireworks Festival Aug. 29-30 at River Landing. PHOTOS: RUELFER PHOTOGRAPHY

Sporting style

River Landing Market
 Botanyland until Oct. 4, 8 a.m. to 2
 p.m., at 330 Esplanade Hwy. Saturday
 mornings alongside the Farm-
 ers' Market. A wide variety of art,
 imports, home furnishings, fashion
 and more.

The Metal Keye
 Aug. 31, 1 p.m. to 4 p.m., at the Mac
 Residence, 220 11th St. S. The group
 performs in the garden at 2 p.m. The
 Mac is also open for tours.

Welding, Tear and Open House
 Aug. 31, 1:30 p.m. to 3:30 p.m., at
 the Superintendent's Residence at
 The Saskatchewan Forestry Farm Park
 & Zoo. Hosted by Friends of the

Prairie Fire A tour of this National
 Historical Site of Canada. Walking
 tour begins at 2 p.m. Refreshments
 are available.

From the Forest Garden Hall Festival
 Aug. 31, 9 a.m., at the Ness Creek
 Site, 20 km north of the Ness River.
 Four courses made from local, orga-
 nic, and wild/foraged ingredients by
 Chef Jenn Williams. With entertain-
 ment by Kaitie Katherine and Friends.
 Tickets and reservations at sasktelforestgarden.ca or 306-480-9010.
 Proceeds support the Ness Creek
 Forest Garden.

Rhythm Music on the Prairie Lily
 Aug. 31, 7 p.m. to 8:30 p.m., departing
 from the club to the band in the tent.
 With Maurice Desjardins and vocalists Je-

lynn Smith. Tickets at 306-988-5459
 or saskpolly.com

THEATRE

The Marquis Cressings Leslie Gor-
 darty's first playset at Mystery —

Aug. 27-31 at the Blue Barn Playhouse on
 Highway 2A. The ladies of the Marquis
 Cressings Drama Society are writing
 their own plays filled with murder,
 mystery and music. Call 306-235-4800.

Want to write a free community service
 offering? Drop us a line. Listings will be printed if
 space permits.

SHARPEATS

See a food trend you think deserves a highlight in Bridges?

Email bridges@thestarphoenix.com

or visit Bridges on Facebook

SASKATCHEWAN FOOD SCENE

How to grow your own herb garden and why you should give it a try

By Jenn Sharp

Ready to grow and live sustainably, herbs are a gardener's best friend.

The gardening season is winding down, which means it's time to plan for next year. If you don't have the space or inclination for a full-blown garden, try adding a few pots of herbs or even a raised bed. Nothing tastes better than fresh basil leaves on a tomato sandwich or rosemary-tinted roast chicken.

Several establishments in Saskatoon and Regina are offering herb gardens for rent or available to purchase from local florists. In Regina, there's a tiny plot in the weeds while Cultures in Saskatoon grows herbs in the city. The Ivy in Saskatoon has rented beds on the rooftop where executive chef Matt Sutherland grows about 30 different herbs, including four exotic varieties for soups and desserts.

The raised beds were built in July by R & D Gardening Services. Debbie and Ray Penner started the company to share their enthusiasm for growing organic.

"Our mission is to bring people and plants together. We really hope that people would consider (planting) to grow things in the city. Urban sprawl doesn't mean that we can't have lots of access to plants and good things to eat that we grow ourselves," Ray says.

Now the Ivy has a steady supply of herbs to serve fresh and to dry for use on the shelves.

"I would much rather teach a gardener before they just learn as you go. I know it," says Sutherland, who was up on the roof, tending the plants the day I called.

The garden has been such a success that they plan on building 12 more raised beds this year and growing their own herbs. The ivy will raise money to reduce the herbs prominently an everything from a new parking lot to Goodwill.

The Penners are big advocates of



Debbie and Ray Penner's rooftop herb garden in Saskatoon. (Photo by Jennifer Nutman)

raised bed gardens, saying it's the best option for first-time gardeners.

"They're very controllable. You can do so much with container gardening around the city."

Herbs don't need a lot of soil — they love dry conditions and lots of sunshine. And they don't mind the wind either.

"Herbs are pretty tough plants," says Ray. "Sometimes the tougher the conditions, the better the quality of

the herbs. It can make them stronger."

SIX TIPS FOR BUILDING YOUR OWN RAISED HERB GARDENS

1. Buy a raised planter for herbs: 120 cm X 60 cm and stand about 90 cm high.

2. Soil is heavy; use only when it's wet. Know the load capacity of your rooftop or balcony before you build.

3. Create your own ideal soil conditions for the plants you'll grow.

4. Most herbs need ample sunlight — place your garden appropriately.

5. If you have a limited amount of soil, it will dry out faster. Make sure you're watering enough. That's not as much of an issue when the raised bed is placed on the ground. That way the plants stay ground-level down if they need.

6. The beds only have 12 cm of soil and sit on a fibreshell, which means you're not bending over to garden. You'd be surprised by what you can grow in just 12 cm of soil. Ray experimented with his own container beds this year and planted tomatoes with the help of home. Mewa's Goow and water he has an ampal crop.

Continued on Page 28

CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

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PUZZLE BY ANDREW SARKISIAN

JANRIO
CLASSIC
SUDOKU

Level: Gold

Fill in the blank cells, using numbers 1 to 9. Each number can appear only once in each row, column and 3x3 block. Use logic and process of elimination to solve the puzzle.

We difficultly avoid
rangers from blouse
(6,asset) to Silver
to Gold (pandent.)



Solutions to the
intermediate and
the Saturday and
Sunday grids
begin on Page 31

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SHARP EATS

THE TOP THREE HERBS TO GROW

The choices are endless but if you have limited space Milton Rebello, executive chef at the Hotel Saskatchewan in Regina, has some ideas.

He and his wife Louise are passionate about gardening, and grow enough for their family but also for special functions at the hotel and Mosaic Farmers' Market. Menus served on Wednesdays and Saturdays.

"Home-grown herbs are a joy for my chef. I love to explain the health benefits of herbs to my culinary team and our guests at the hotel. The Revue is so much more intense and fresh than compared to store-bought herbs," he says.

BASIL

- Black basil in India basil is considered holy revered for its medicinal properties and worshipped by Hindus. It is known to relieve stress, cure common colds and coughs and even expel kidney stones if used over time.

- Versatile and strong enough to flavor the dish yet won't be enough not to overcome the flavor.

- We also make our own basil pesto, basil oil, and for dessert, we dress our chilled tarts with honey basil and lime.

MINT

- At the hotel, we make a mint and lemon sparkling wine sorbet, mint and chocolate cheesecake, mint and cilantro chutney on our lamb sliders and use dried-dehydrated mint leaves with sugar crystals for garnish.

- Nothing soothes like mint as much as mint and lemon tea with honey.

CILANTRO

- It complements Indian and Mexican dishes very well.

- It grows really fast. Use cilantro flowers as an edible garnish. The flower has a beautiful flavor and is visually stunning.

jehan@thephoenix.com
Twitter: @jen_KWSP



(Executive chef of the Hotel Saskatchewan Milton Rebello is growing mustard sprouts and microgreens for the Green Saskatchewan Mustard Festival held on Aug. 24. PHOTO COURTESY MILTEN REBELLO)



Next week in BRIDGES

Marie Peepeetch looks back on her time at Pleasant Hill as the school celebrates 100 years in the community

Nuts About Nature At Beaver Creek Conservation Area



Dear CHIP,
Do we have wolf spiders in Saskatchewan? Bridgette.

Dear Bridgette,
Yes! We have wolf spiders in Saskatchewan. Luckily, when you ask a question like this, I know that you are also wanting to learn something special and so I will tell you about an amazing mother and a skilled hunter. Throughout the diverse habitats that make up what you humans call Saskatchewan, there are 455 recorded species of spiders. It has been estimated that there may be as many as 600! There are more than 35 species of wolf spiders alone. Most wolf spiders physically hunt their prey instead of laying a web. Both males and females will hunt using their excellent strength and agility to catch their prey. The females are bigger and live longer than the males. That is because they have a really big job to do. Once they lay their eggs, they wrap them in silk and carry or guard this egg sac until the young emerge. After emergence the baby spiders will crawl onto their mother's back and stay there for several weeks or until they are big enough to venture out on their own.

Send your questions to me at the address below, then watch Bridges for the answers.

Yours pal, CHIP

Former Saskatchewan Board
12 km west Highway 612A
Barrie House, Hwy 612A

Website: www.saskatcources.ca
Email: chip@sktel.ca



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Meewasin.org

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OUTSIDE THE LINES

Wait!

Colouring contest

Each week, Stephane McElroy creates a timely illustration meant to please kids of all ages.

Children can colour the page, take a picture taken with the finished product and email it to bridge@thesharphome.com. One winner will be chosen each week.

Please send entries by Monday at 9 a.m.



Last week's contest winner is Shae Sprenger, age 4. Thanks to everyone who submitted entries!



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WINE WORLD

SASKATCHEWAN WINE SCENE

Apassimento smooth, dark and absolutely divine

By James Romanow

There is one word on a label that should instantly cause you to buy the bottle. The word is "Apassimento," or "Passimento" — an old invention of the wine word. Essentially it is a method of making wine from raisins. Such wines are absolutely divine.

You can find a handful of wines made this way in Italy and France, like Van Staels, a dry wine from the west of Italy and van de polle in France. The most famous and popular of these is Amaretto, from the Waterloo area. I don't know about you but when I find an Amaretto in a store's basement I work on getting it opened and drinking as much as I can before my host has a drop.

Lately the Apassimento method has started to spread away from the Waterloo Italian vineyards and across on a wide variety of grapes looking for interesting results. I know this was happening but had never found any examples as Saskatoonites and Albertans until I saw this bottle of Luna Argenta in the Saskatoon Co-op.

Luna Argenta is made with Negroamaro and Primitivo (AKA Zinfandel) grapes. Primitivo is a high sugar grape and Negroamaro a perfumed dark wine with an aromatic finish. The Apassimento process has created both of the grape's signature aromas and flavours, and produced a chewy dark wine of very pleasant



intensity to what I think Collezione 2000 should taste like.

The texture is remarkably smooth for a two-year-old wine. There's great structure but none of the Cabernet-like raps on the cold palette I'd love to taste this wine after a few years of cellaring.

If you're an Saskatoon, this is what you should seek out.

Luna Argenta Apassimento, Italy, 2012
\$17.90 ****

Crossword/Sudoku answers

BOAR	TALE	ZESTS				
ARTS	ALTA	INEQUITY				
PEOS	BODY	DOOMED				
TIMEOUT	MYNA					
ADIEU	RAE	TRIO				
RAICKGROUND	OS	OUND				
SHORN	WHITE					
AVA	TOCCATA	WOS				
SITAT	OMEGA					
PERSONAL	BAGGAGE					
SWAN	AND	EATUP				
ALITY	DARKENS					
BLANCH	CHECK	HALLO				
LANCE	OPIE	ASIAN				
TOSSEA	WAVY	NEWS				

8	9	7	6	1	5	4	2	3
3	5	4	7	8	2	6	9	1
2	1	6	3	9	4	5	8	7
9	4	2	8	7	1	3	5	6
7	6	1	2	5	3	9	4	8
5	8	3	4	6	9	1	7	2
4	7	8	5	3	6	2	1	9
6	2	9	1	4	7	8	3	5
1	3	5	9	2	8	7	6	4

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